

Join our RISE Gymnastics Programme

- Safe and nurturing environment
- Experienced British Gymnastics Instructors
- Fun and engaging activities
- Develop confidence and skills

Monday

16:00-17:00 Beginners (4yrs +)

17:00-18:00 Beginners (4yrs +)

18:00-19:30 Mini Squad (Invitation only)

Wednesday

12:30-13:15 Preschool (3-4yrs)

13:15-14:00 Home Education (5-10yrs)

14:00-14:45 Preschool (2-3yrs)

Thursday

15:45-16:45 Beginners (4yrs +)

16:45-17:45 Intermediate (7yrs +)

17:45-18:45 Advanced

Saturday

08:30-09:30 Beginners (4yrs +)

09:30-10:30 Beginners (4yrs +)

10:30-11:30 Intermediate (7yrs +)

Book today at [LeisureCentre.com](https://www.leisurecentre.com)

British
Gymnastics