

TOWCESTER

**LEISURE CENTRE**

# Gymnastics

**The Rise Gymnastics programme takes gymnasts on a progressive journey, from their first steps into gymnastics all the way through to advanced skills.**

**Thursday**

**15:45-16:45 Beginners 5yrs+**

**16:45-17:45 Intermediate 7yrs +**

**17:45-18:45 Advanced**

**Saturday**

**08:30-09:30 Beginners 5yrs+**

**09:30-10:30 Beginners 5 yrs+**

**10:30-11:30 Intermediate 7yrs+**

**To find out more information,  
Call 01327 322480 or visit**

**[LeisureCentre.com](http://LeisureCentre.com)**

