



We are **online** when we use the **internet**.

These can connect to the **internet**.



laptop



computer



tablet

games
console

teddy



ball



torch



toy dinosaur

Words you will learn:

**digital device**

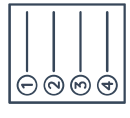
A device that can connect to the internet.

**internet**

Digital devices connected to one another.

**screen time**

Time spent using devices with screens.

**rule**

Something to follow that helps everyone know what to do and stay safe.

It is **healthy** to **balance** your **screen time** with **in-person** activities.



play games



watch videos



talk to people



play outside



read books



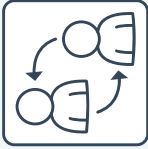
bake



Always use **polite** words and actions online.



listening



taking turns

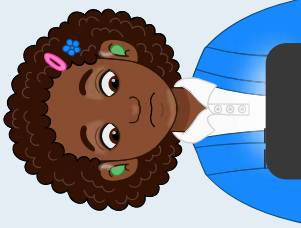


kind words

Some things online are not made for children.



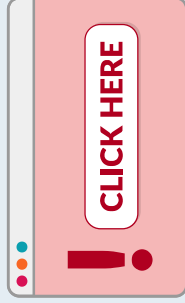
Sometimes things online can surprise us.



If something worries you online...



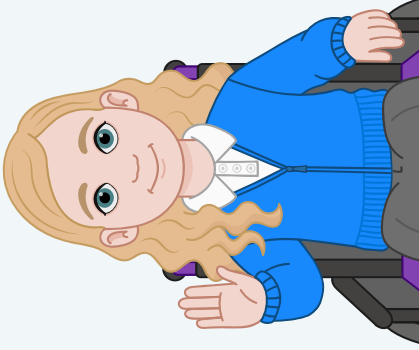
...a **trusted adult** can help.



If a pop-up comes up on screen...



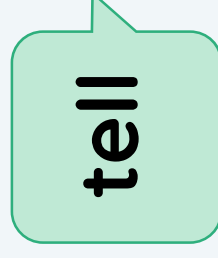
... do not tap or click.



A helpful **rule** to keep us **safe online** is...



and



...a trusted adult.

