

EYFS, Key Stage 1 and Key Stage 2 Curriculum Map for Physical Education Year 2023 - 2024

	Autumn (1)	Autumn (2)	Spring (1)	Spring (2)	Summer (1)	Summer (2)
	Tag Rugby and Cognitive Skills	Gymnastics and Social Skills	Gymnastics and Creative Skills	Netball skills and Health & Fitness Skills	Tennis and Applying Physical Skills	Athletics and Personal Skills
R	Cognitive Skills A – n/a B – small base balance dynamic balance C – n/a	Social Skills A – n/a B – static seated balance → agility C – n/a	Creative Skills A – n/a B – counter balance C – ball skills	Health & Fitness Skills A – ball chasing B – static floor work C – n/a	Applying Physical Skills A – reaction/response B – n/a C - using equipment	Personal Skills A – n/a B – 1-leg static C – floor movement patterns
Year 1	Cognitive Skills A – n/a B – small base balance dynamic balance C – n/a	Social Skills A – n/a B – static seated balance → agility C – n/a	Creative Skills A – n/a B – counter balance C – ball skills	Health & Fitness Skills A – ball chasing B – static floor work C – n/a	Applying Physical Skills A – reaction/response B – n/a C - using equipment	Personal Skills A – n/a B – 1-leg static C – floor movement patterns

	Autumn (1)	Autumn (2)	Spring (1)	Spring (2)	Summer (1)	Summer (2)
	Tag rugby, swimming and Cognitive Skills	Gymnastics, swimming and Social Skills	Gymnastics and Creative Skills	Netball and Health and Fitness Skills	Tennis and Physical Skills	Athletics and Personal Skills
Year 2/3	Year 2 Cognitive Skills A – reaction/response B – n/a C – ball skills Year 3 swimming	Year 2 Social Skills A – n/a B – counter balance dynamic balance C – n/a Year 3 swimming	Creative Skills A – n/a B – counter balance C – using equipment	Health & Fitness Skills A – ball chasing B – small base C – n/a	Applying Physical Skills A – reaction/response B – static floor work C – n/a	Personal Skills A – n/a B – 1-leg static C – floor movement patterns

Year 3/4	Swimming	Swimming	Creative Skills A – n/a B – counter balance C – using equipment	Health & Fitness Skills A – n/a B – small base C – floor movement patterns	Applying Physical Skills A – reaction/response B – static floor work C – n/a	Personal Skills A – n/a B – 1-leg static C – floor movement patterns
Year 3/4 and 5/6	Autumn (1) Tag rugby and swimming	Autumn (2) Gymnastics, swimming and Social Skills	Spring (1) *Tag rugby with Northampton Saints and Sportshall Athletics	Spring (2) *Tag rugby with Northampton Saints Netball	Summer (1) Tennis and applying Physical Skills	Summer (2) Athletics and Personal Skills
	Cognitive Skills A – reaction/response B – n/a C – ball skills Year 5 swimming	Social Skills A – n/a B – counter balance dynamic balance C – n/a Year 5 swimming	Creative Skills A – n/a B – static seated static floor work C – n/a	Health & Fitness Skills A – n/a B – small base C – floor movement patterns	Applying Physical Skills A – n/a B – 1-leg static balance → agility C – n/a	Personal Skills A - ball chasing B – n/a C - using equipment

Key: A = agility skills
B = balance skills
C = coordination skills

The highlighted FUNS skill will be referred to, practised and applied during games lessons.