

What is a...?



BLOG - a personal online journal/diary that is frequently updated and shared publicly. It may contain photos, sound and comments from visitors.

CHATROOM - a site on the internet where a number of users can communicate in real time.

CYBERBULLYING - the use of IT, particularly mobile phones and the internet, deliberately to upset someone else.

DOWNLOAD - Copying something from another computer, usually over the internet (e.g. adding music files to an ipod).

EMAIL - A way to exchange messages over the internet. Messages are written by one person and then sent to one or more people at their email address.

FILTER - A means of preventing certain types of material from reaching your computer.

GROOMING - the way in which somebody who wants to sexually harm children uses the internet to get close to them, and often their families, to gain their trust.

INSTANT MESSAGING - A way of sending messages to other internet users by typing words which appear immediately on the other person's screen. Also known as IM.

SEARCH ENGINE - a web site that collects and organizes content from all over the internet allowing users to search for information on a specific topic.

SOCIAL NETWORKING SITES - online spaces where users create a personalised online page allowing them to keep in touch with friends, express viewpoints, play games, watch videos and chat.

SPAM - unsolicited junk email.

UPLOAD - To copy information from your computer to another, usually over the internet (e.g. adding your personal photos to a website).

VIRUS - A program that can hide itself on your computer by making changes to another program and copying itself.

For further information on
e-Safety contact 01604 236236



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Children, it and e-Safety

A guide to getting the most out
of technology with your child



What is ICT?

Games, chat and research



See people, places, events all over the world in real time



A digital record for life



Download and listen to music on the go



Talk, text, internet access and games



Email friends & family



What are the benefits of using ICT at home?

We know that ICT can help children to:

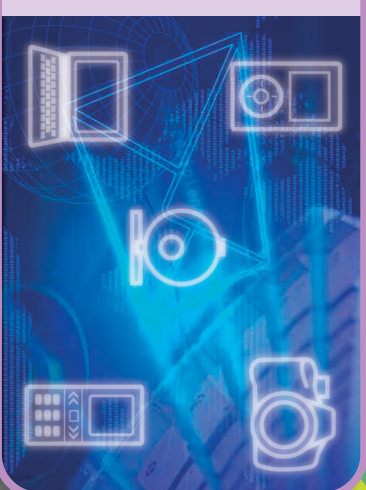
- Develop skills for life
- Keep up with their peers
- Access a wider variety of learning materials
- Perform better at school
- Become confident users of technology
- Have fun!

Watch Childnet's 'Know it All for Parents' DVD for more ideas

How can you help to develop your child's ICT skills?

Encourage your child to:

- Write an email or a letter to a friend
- Research a school project online
- Take a digital photo on a family day out
- Play interactive games
- Create some digital artwork



Staying Safe Online

Keep personal info private such as:

- ***Full name *photos *address *school name *phone number.** Keep passwords secret and change them often.
- Use an online nickname instead of your real name.
- Turn privacy settings on and keep strangers out.

BLOCK IT



- Block people who send nasty messages and don't open unknown links and attachments.
- Always delete emails from people you don't know. They might be nasty or contain a virus that can stop your computer working.

FLAG IT



- If you see anything that upsets you online or if someone asks to meet up with you, flag it up with someone you trust.
- If you are worried or unhappy about anything you see online, tell a parent or an adult who can help.
- If an online friend asks to meet you in the offline world, talk to your parents or a trusted adult about it. **Never go alone!**

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For further info or advice visit: www.thinkuknow.co.uk